

**Bulletin and Newsletter Briefs**

April 2011

prepared by CatholicCaregivers.com,  
a program of the Friends of St. John the Caregiver ([www.FSJC.org](http://www.FSJC.org))

***Caregiving is pro-life!***

“God, help me step back and get a clear look at what’s happening with my loved one. Please give me the skills to be a good observer, an observer who is aware of what a mind, body, and spirit need. Amen.”

--From “The Little Book of Caregiver Prayers, Volume I”

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[www.FSJC.org](http://www.FSJC.org)  
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“Dear God, time is just passing too fast. The thought of my life after my loved one dies scares me. What will it be like? I know I need to trust in you. Help me accept your timeline. Amen.”

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